

Ferndale Area Fitness and Wellness Program



February 2012



Elementary Breakfast Menu: *Menu is subject to change*

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Cereal Yogurt Juice Milk	Egg & Cheese on English Muffin Juice Milk	Cereal Pop-Tart Juice Milk
6	7	8	9	10
Cereal Toast Juice Milk	French Toast Sticks With Syrup Ham Wedge Juice Milk	Cereal Animal Crackers Juice Milk	Snackin Waffle String Cheese Juice Milk	Cereal Bagel ½ Juice Milk
13	14	15	16	17
Cereal Goldfish Grahams Juice Milk	Mini Pancakes w/ Syrup Sausage Patty Juice Milk	Cereal Muffin Juice Milk	Super Bun Yogurt Juice Milk	Cereal Teddy Bear Crackers Juice Milk
20	21	22	23	24
Parent/Teacher Conferences No School For Students	Cereal Pop-Tart Juice Milk	Cinnamon Roll Cheese Wedge Juice Milk	Cereal Toast Juice Milk	Egg & Cheese Biscuit Apple Slices Juice Milk
27	28	29	1	2
Cereal Muffin Juice Milk	Breakfast Pizza Juice Milk	Cereal English Muffin 1/2 Juice Milk	Waffles With Syrup 2 Sausage Links Juice Milk	Cereal Yogurt Juice Milk

***ELEMENTARY BREAKFAST IS SERVED UNTIL 8:25

***BREAKFAST MENU IS SUBJET TO CHANGE

DISTRICT HOMEPAGE IS: <http://fasdk12.org>

District Breakfast and Lunch Prices

Elementary Breakfast: \$0.60
 Elementary Lunch: \$1.25
 Reduced Breakfast: \$0.30
 Reduced Lunch: \$0.40
 Milk: \$0.35

High School Breakfast: \$0.60
 High School Lunch: \$1.40
 Reduced Breakfast: \$0.30
 Reduced Lunch: \$0.40
 Milk: \$0.35