

Ferndale Area Fitness and Wellness Program

MARCH 2010

Lunch Menu *Menu is Subject to Change*

Mon	Tue	Wed	Thu	Fri
1 Baked Ravioli w/Mozzarella Cheese Italian Veggies or Fresh Baby Carrots Choice of Fruit Pudding Milk	2 Green Eggs & Ham Dinner Rolls Hash Brown Patty Pink Applesauce Milk	3 Turkey Sandwich on Bun French Fries Fresh Fruit Milk	4 Steak & Cheese on Bun Tossed Salad w/Light Ranch Dressing Choice of Fruit Cookie Milk	5 Max Sticks w/Sauce Broccoli & Cauliflower Choice of Fruit Fruit Snack Milk
8 Hamburger on Bun Vegetarian Beans Baked Apple Slices Milk	9 Turkey & Gravy on Biscuit Mixed Vegetables Cranberry or Applesauce Jell-o Milk	10 Chicken Nuggets Seasoned Noodles Candied Carrots or Fresh Baby Carrots Choice of Fruit Milk	11 Mashed Potato Bowl w/Chicken, Gravy & Cheese Dinner Roll Corn Luigi's Sherbet Milk	12 Breaded Mozzarella Stick w/Sauce or Egg Salad Sandwich Green Beans Choice of Fruit Chocolate Animal Crackers Milk
15 No School Teacher In-Service	16 Chicken Patty on Bun Tater Tots Choice of Fruit Milk	17 Pizza Burger on Bun Steamed Peas Jell-o Glazed Apples Bag of Kids Mix Milk	18 Ham & Cheese on Pretzel Bun California Blend Veggies or Fresh Baby Carrots Choice of Fruit Milk	19 Pizza or Tuna Salad Sandwich Fresh Veggies & Dip Choice of Fruit Iced Animal Crackers Milk
22 Diced Chicken & Gravy Seasoned Brown Rice Oriental Veggies Fresh Fruit Fudgesicle Milk	23 Stromboli w/Sauce Hash Brown Patty Applesauce Milk	24 Grande Nachos w/Cheese Sauce, Lettuce & Salsa Choice of Fruit Shape-Up Milk	25 Spaghetti w/Meat Sauce Italian Blend Veggies or Fresh Baby Carrots Bread Stick Choice of Fruit Milk	26 Fish Sticks Macaroni & Cheese Stewed Tomatoes or Baby Carrots Luigi's Sherbet Milk
29 Grilled Cheese Sandwich Tomato Soup Carrot & Celery Sticks Choice of Fruit Milk	30 Hamburger on Bun French Fries Choice of Fruit No Bake Cookie Milk	31 Bar-B-Que Rib on Bun Corn Fresh Fruit Jell-o w/Topping Milk	1 Meatball Sandwich Broccoli or Baby Carrots Choice of Fruit Baked Cheetos Milk	2 No School Good Friday

Daily Options Are as Follows

Mondays: Turkey Sandwich, Tuesdays: Ham Sandwich, Wednesdays: Peanut Butter and Jelly,
Thursdays: Bologna Sandwich, Fridays: Deli Combo Sandwich
Chef Salad available daily at the High School

March 1 – Market Day Pick-Up 5:00 P.M. – 6:00 P.M.

March 1 – PTO Meeting 6:00 P.M. – 7:00 P.M.

March 12 – 2-Hour Early Dismissal. Elementary students dismissed at 1:00 P.M. K4 students dismissed at 12:00 P.M. K4 students will not be served lunch.

March 12 – End of Marking Period.

March 15 – No School for students. Teacher In-Service.

March 17 – Board Meeting 6:00 P.M.

March 18 – Report cards go home.

March 31 – Students will have a full day of school.

THERE WILL BE NO TUTORING FOR THE MONTH OF APRIL

April 1 – Snow make-up day. Students will have school.

April 1 – 1-Hour Early Dismissal. Elementary students dismissed at 2:00 P.M. K4 students dismissed at 1:00 P.M. K4 students will not be served lunch.

